

# CHOLESTEROL (2-8°C)

## (CHOD PAP)

CATALOGUE NUMBER	KIT SIZE (ML)
CHO1201	3 x 40ml
CHO2401	3 x 40ml
CHO4201	4 x 75ml

### Intended Use:

For *In Vitro* diagnostic use by trained professionals only.  
This reagent is intended for the quantitative determination of cholesterol in human serum and plasma.

### Clinical Significance:

Elevated levels of cholesterol are primarily considered as an indication of increased risk of cardiovascular disease and should be taken into consideration combined with the overall lipid profile.

### Test Principle:

Cholesterol is present in serum as cholesterol esters and free cholesterol. The Cholesterol esters present in serum are hydrolysed by cholesterol esterase and the cholesterol is then measured by oxidizing with cholesterol oxidase to form hydrogen peroxide. The hydrogen peroxide in turn reacts with phenol and 4-aminoantipyrine present to form the red quinoneimine dye. The intensity of the dye formed can be measured photometrically and is directly proportional to the level of cholesterol present in the sample.

### Reagent Composition

REAGENT	COMPONENT	CONCENTRATION
Cholesterol Reagent R1	Pipes Buffer	90 mmol/l
	Phenol	26 mmol/l
	Cholesterol Oxidase	200 U/l
	Cholesterol Esterase	300 U/l
	Peroxidase	1250 U/l
	4-Aminoantipyrine	0.4 mmol/l
Cholesterol Standard	Cholesterol	5.17 mmol/l (200mg/dl)

### Reagent Preparation and Stability:

R1: Liquid, ready to use  
Standard: Liquid, ready to use  
R1 and Standard are stable up to the expiry date stated when stored tightly capped at 2 - 8°C. Once opened the reagents are stable for a period of 12 weeks, when stored without contamination at 2 - 8°C.  
Dispose of reagents carefully in line with local guidelines.

### Sample Collection, Preparation and Stability:

Collect serum and Li-Heparin or EDTA plasma by standard venepuncture technique. Do not use citrate, oxalate or fluoride as anticoagulants.  
Cholesterol is stable in serum and plasma for 5 days at 2 - 8°C and up to 3 months when frozen at -20°C.

### Assay Procedure:

WAVELENGTH	546nm (500 – 550nm)
TEMPERATURE	37°C
CUVETTE	1cm Path Length
BLANK	Reagent Blank

	Blank	Standard	Sample
Sample	-	-	10µl
Standard	-	10µl	-
Reagent	1000µl	1000µl	1000µl

Mix and incubate for 5 minutes at assay temperature. Read the absorbance (Δ Abs) of Sample/Standard against the Reagent Blank.

### Calculation:

Concentration (mmol/l) =  $\frac{\Delta \text{Abs Sample}}{\Delta \text{Abs Standard}} \times \text{Concentration of Standard (5.17mmol/l)}$   
To convert mmol/l to mg/dl multiply the result by 38.66

### Performance Characteristics:

#### Measuring range:

800 mg/dl (20.7 mmol/l)  
Dilute samples with higher concentrations using Normal saline 1+2 and rerun the assay. Multiply the result by the dilution factor (for 1+2 dilution, the dilution factor is 3)

#### Analytical Sensitivity: (Lowest detection limit):

3 mg/dl (0.08 mmol/l)

### Imprecision

#### Intra-Assay Precision:

Sample	Mean (mg/dl)	SD (mg/dl)	CV %
Pool 1	103	1.35	1.32
Pool 2	158	0.98	0.62
Pool 3	180	0.99	0.55

#### Inter-Assay Precision:

Sample	Mean (mg/dl)	SD (mg/dl)	CV %
Pool 1	124	1.71	1.38
Pool 2	162	3.13	1.93
Pool 3	186	1.97	1.06

### Method Comparison:

A comparison of the Prestige Diagnostics Cholesterol Reagent (y) with an alternative commercial assay (x) gave the following result:  
 $y = 1.006x + 0.258$ ,  $r = 0.999$

### Interferences:

**Criterion:** Recovery within +/- 10% of initial value.

**Icterus:** No significant interference up to 8 mg/dl of Bilirubin

**Haemolysis:** No significant interference up to a concentration of 450 mg/dl haemoglobin.

### Reference Range:

Normal	< 5.2 mmol/l (200mg/dl)
Borderline Risk	5.2 – 6.2 mmol/l (200-239 mg/dl)
High Risk	> 6.2 mmol/l (239mg/dl)

These values are in line with the recommendations of the European atherosclerosis Society, however we recommend that each laboratory should establish its own mean reference range according to the population.

### Limitations:

The Cholesterol result from this test should not be used as the sole criteria for the diagnosis of lipid disorders, a confirmed diagnosis should only be made by a physician after all clinical and laboratory findings have been evaluated.

### Automated systems:

Contact Prestige Diagnostics Technical Department for applications on a wide range of automated analysers.  
For automation we recommend the use of a serum based calibrator.

### Quality Control and Calibration Material:

Calibration Serum: QCCCAL1 / QCCCAL2

Human Assayed Control Normal: QCCHAN1 / QCCHAN2

Human Assayed Control Elevated: QCCHAE1 / QCCHAE2

### References:

- Weibe D.A., Bernert J.T., Clin Chem 1984; 30:352
- Richmond N Clin. Chem 1973; 19: 1350-1356
- Recommendations for Improving Cholesterol Measurement; A report from the Lab. Standardization Panel of the *National Cholesterol Education Program* NIH Publication No 90 -2564, Feb 1990
- Trinder P *Annals Clin Biochem.* 1969; 6: 24
- Abell L. et al. Standard Methods in Clinical Chemistry 1958; 26:2
- Allain C.C. et al. Clin Chem 1974; 20: 470
- Bablock W et al. A General Regression Procedure for Method Transformation. J Clin Chem Clin Biochem 1988 26: 783 – 790
- Tietz NW *Clinical Guide to Laboratory Tests* 3<sup>rd</sup> Edition
- Glick M. R., Ryder K.E., Jackson S.A. Graphical Comparisons of Interferences in Clinical Chemistry Instrumentation. Clin Chem 1986; 32: 470-474

REF	Catalog number	LOT	Temperature limitation
LOT	Consult instructions for use	LOT	Batch code
LOT	<i>In vitro</i> diagnostic medical device	LOT	Use by
LOT	Manufacturer	LOT	Keep away from sunlight

